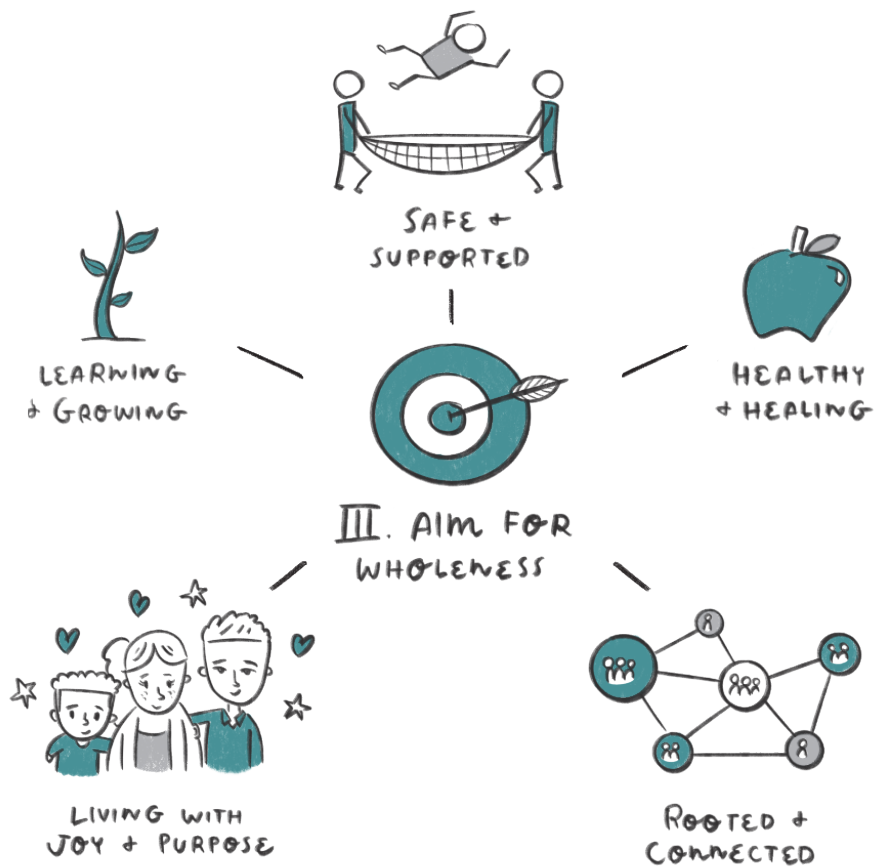
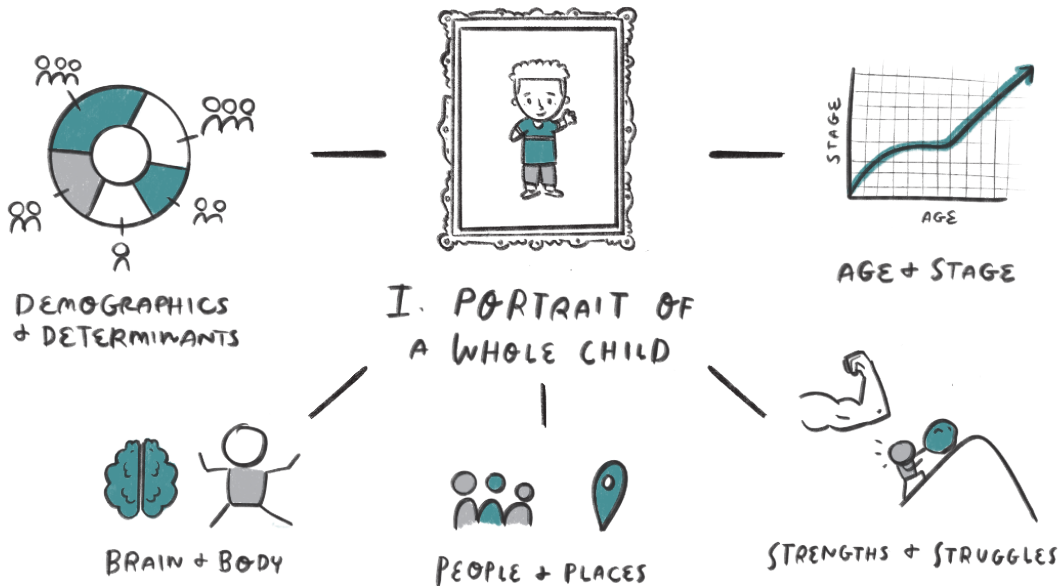


# WHOLE CHILD, WHOLE LIFE

10 WAYS TO HELP KIDS LIVE, LEARN, + THRIVE





## II. 10 WHOLE LIFE PRACTICES



MEET  
BASIC  
NEEDS



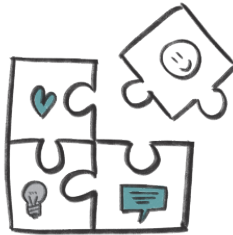
PRIORITIZE  
MENTAL  
HEALTH



INVEST IN  
PERSONAL  
INTERESTS



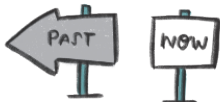
NURTURE  
HEALTHY  
RELATIONSHIPS



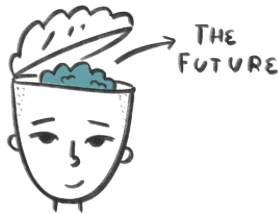
BUILD COMMUNITY  
& BELONGING



EMBRACE  
IDENTITIES  
& CULTURES



ATTEND TO THE  
PAST & PRESENT



ACT WITH A  
100-YEAR  
MINDSET



BE A FORCE  
FOR GOOD

# Wow!

SEEK AWE  
& WONDER