## "Whole Child" Interview Template

Table 13 Template for Creating a Whole Child Portrait			
PORTRAIT PIECE	DETAILS	DETAILS ABOUT [CHILD'S NAME]	
Demographics and Determinants	What are this child's demographics? (e.g., race, gender, sexuality, disability, and citizenship/immigration status)		
	What are this child's determinants? (e.g., environment, social, political, and historical living conditions)		
Age and Stage	<ul> <li>What are this child's age and grade?</li> <li>Are they at age- or grade-level, and if not, where do you think they are?</li> <li>How are they doing developmentally?</li> <li>Socially</li> <li>Emotionally</li> <li>Cognitively</li> <li>Spiritually</li> </ul>		
Brain and Body	<ul> <li>What is the state of their six health essentials?</li> <li>Nourishment</li> <li>Sleep</li> <li>Movement</li> <li>Relationships</li> <li>Stress management</li> <li>Sobriety</li> <li>What is the state of the four health hazards?</li> <li>Inflammation</li> <li>Illness</li> <li>Injury</li> <li>Imbalance</li> </ul>		

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PORTRAIT PIECE	DETAILS	DETAILS ABOUT [CHILD'S NAME]
People and Places	What roles and responsibilities does this child have?	
	(e.g., brother, son, teammate, student)	
	What activities does this child participate in?	
	(e.g., school, afterschool program, baseball)	
	Where does this child spend time in person and online?	
	(e.g., clubs, cohorts, teams, groups, online)	
	What systems and settings is this child involved in?	
	(e.g., education, out-of-school time, child welfare, home)	
	Where does this child live and what is that place like?	
	(e.g., neighborhood, community, geographic region)	
Strengths and Struggles	What are this child's strengths of character? (e.g., curiosity, kindness)	
	What are this child's strongest competencies?	
	(e.g., engaging with people, staying fit, persisting through struggles)	
	What are this child's quirks?	
	What are this child's learning and leadership styles?	
	Where and how does this child struggle?	

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